# San Diego Field Hockey Association – Code of Conduct

***The San Diego Field Hockey Association is fully committed to safeguarding the well being of all participants. Our objective is to provide a safe, competitive playing environment in which we foster and cultivate the skills for all participants of varying levels.***

All participants are required to sign both a waiver and code of conduct form.

2 male players are allowed to play on a team at one time (during indoor and outdoor seasons).

1. Players must conduct themselves in a manner that brings credit to the sport of field hockey and themselves.
2. Participants must respect the Association’s rules and regulations.
3. *Never* argue with umpires decisions. Show respect for authority/officials at all times.
4. Treat all players as you yourself would like to be treated. Do not interfere with or take unfair advantage of any player.
5. Maintain self-control at all times.
6. Play in a controlled manner – dangerous play will not be tolerated.
7. Be a good sport and recognize good play, whether by your team or by your opponent’s team.
8. Read the rules of the game and understand the role of each participant (player, umpire, and spectators).
9. Respect the game, play fairly, and follow its rules and regulations.
10. Be responsible for your own behavior; accept responsibility for your actions.
11. ***Physical Contact Misconduct.***
    1. No individual shall at any time strike, shove, threaten to strike, or lay a hand on another player, umpire, or spectator.
    2. No individual shall use rough tactics during the course of a game.
12. ***Verbal and Visual Misconduct.***
    1. No individual shall engage in an abusive, verbal attack on another player, umpire, or spectator.
    2. No individual shall “trash talk”, use profane, or vulgar language.
    3. No individual shall demonstrate unsportsmanlike conduct.
13. ***Penalties.***
    1. Minimum Penalty – warning by umpire and/or officials of SDFHA.
    2. Medium Penalty – SDFHA officials will conference with offending player(s).
    3. Maximum Penalty – player(s) will be suspended from playing with SDFHA.

***Print Name*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

***Signed*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *Date*: \_\_\_\_\_\_\_\_\_\_\_**